



THE CENTRE FOR  
JAPANESE  
ACUPUNCTURE

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[www.CentreforJapaneseAcupuncture.ca](http://www.CentreforJapaneseAcupuncture.ca)

# TREATMENT RECORD

FIRST  
NAME

LAST  
NAME

HOME ADDRESS

APT#

CITY / PROVINCE

POSTAL CODE

PHONE  
NUMBER

HOME (     )

WORK / CELL (     )

OCCUPATION

EMAIL ADDRESS

FAMILY PHYSICIAN OR CLINIC

PHONE NUMBER (     )

EMERGENCY CONTACT

PHONE NUMBER (     )

DATE OF BIRTH  
(D / M / Y)

HAVE YOU EVER BEEN DIAGNOSED WITH ANY OF THE FOLLOWING MEDICAL CONDITIONS:

HEART DISEASE	YES / NO
EXCESSIVE BLEEDING OR BRUISING	YES / NO
EPILEPSY, SEIZURES OR FAINTING	YES / NO
DISEASE TRANSMITTED BY BLOOD (i.e. HEPATITIS, HIV)	YES / NO

REASON FOR SEEKING ACUPUNCTURE TREATMENT:

HAVE YOU SEEN A PHYSICIAN ABOUT THIS? WHAT IS THE MEDICAL DIAGNOSIS?

HOW DID YOU HEAR ABOUT US? (PROFESSIONAL REFERRAL / FRIEND / ONLINE SEARCH, ETC. )

**FEES**

Introductory 15 minute consultation: Free  
Consultation and treatment: \$60.00  
Treatment from Takamasa Tsurusaki R.Ac: \$80.00

**RESCHEDULING OR CANCELLING AN APPOINTMENT**

Please give 24 hours notice to change or cancel a scheduled appointment.

**INSURANCE**

The cost of acupuncture treatments is not currently covered by OHIP. If you have coverage through a private health plan it is your responsibility to seek reimbursement from your health insurer. A receipt will be issued at the end of each treatment.

**PREPARING FOR A TREATMENT**

It is recommended to eat a light meal 1-2 hours before an acupuncture treatment. If you feel light headed or tired following a treatment you may wish to avoid driving a vehicle for several hours afterwards.

**QUALIFICATIONS**

A Registered Acupuncturist (R.Ac) is trained exclusively in acupuncture and Chinese medicine. A Registered Acupuncturist has no western medical training and is not qualified to provide professional advice on any medical diagnosis, treatment or medication prescribed by a physician.

**CONSENT TO TREATMENT**

An acupuncture treatment consists of the gentle insertion of sterilized one-time-use needles into skin and muscle tissue. A slight sting might be felt when the needles are inserted, however, the sensation of the needles should fade within a few seconds. In addition to the insertion of needles, a treatment might include palpation, acupressure, moxibustion (heat therapy) or cupping. Consent to treatment can be withdrawn at any time during the treatment should you feel pain or discomfort and wish to stop the treatment.

• • • • • •

I have read and understood the above statements.

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Practitioner's Name

\_\_\_\_\_  
Date

## Medical History

Any problems at birth or during delivery \_\_\_\_\_

\_\_\_\_\_

Surgery, Accidents, Major Illnesses, Injuries or Hospitalizations:

Age: \_\_\_\_\_

\_\_\_\_\_

Age: \_\_\_\_\_

\_\_\_\_\_

Age: \_\_\_\_\_

\_\_\_\_\_

List all prescription medication:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Special diet or food restrictions:

\_\_\_\_\_

\_\_\_\_\_

List all major illnesses in your immediate family (such as diabetes, heart disease, cancer, neurological disorders, blood disorders, orthopaedic disorders, etc.):

\_\_\_\_\_

\_\_\_\_\_

Do you have any scars? Note location of all surgical or injury scars (even minor ones):

\_\_\_\_\_

\_\_\_\_\_

## Conditions and Symptoms List

**Circle**

any conditions or symptoms that you currently experience or have experienced in the past

**General:** Insomnia • Sleep not restorative • Fatigue • Low energy • Weakness • Chronic pain • Car, sea or air sickness • Unusual sweating • Never sweat • Difficulty concentrating • Headaches • Always cold • Always hot

**Gastrointestinal:** Constipation • Diarrhea • Irritable bowel • Lack of appetite • Stomach pain • Indigestion • Acid reflux • Bloating • Intestinal gas • Belching • Ulcer • Gastritis • Lack of stomach acid • Hemorrhoids • Appendicitis • Appendix removed • Gall stones • Gall bladder attack • Gall bladder removed • Peritonitis • Pancreatitis • GI polyps • GI tumour

**Heart and Vascular:** Fast pulse (over 100 beats/minute) • Slow pulse (less than 60 beats/minute) • Palpitations • Irregular heart beat • Pressure in the chest • Shortness of breath • Chest pain • Dizziness • Cold hands • Cold feet • Raynaud's disease • Flushed face • Anemia • High or Low blood pressure • Frequent urination (daytime or night time)

**Hormonal:** Hypothyroid • Hyperthyroid • Hashimoto's disease • Diabetes • Low blood sugar • Pituitary imbalance • Migraines • Mood swings • Low sex drive

**Female:** Irregular menstruation • Cramping • Heavy or light bleeding • PMS • Menopausal symptoms • Tubal ligation • Infertility • Yeast infection • Bladder infection • Endometriosis • Ovarian cyst • Uterine fibroid • Miscarriage

**Male:** Impotence • Erectile dysfunction • Prostatitis • Enlarged prostate • Vasectomy

**Infections, Autoimmune and Inflammatory conditions:** Easy to catch colds • Low immunity • Constant low fever • Glomerulonephritis (kidneys) • Rheumatoid Arthritis • Lupus • Colitis • Crohn's disease • Celiac disease • Seasonal allergies • Food allergies • Cellulitis • Atopic dermatitis • Neurodermatitis • Mononucleosis • Kidney stones

**Connective tissue, ligament, bone disease:** Osteoporosis • Fibromyalgia • Tendonitis • Plantar fasciitis • Osteoarthritis • Joint pain • Low back pain • Degenerative arthritis in the spine

**Ear, Nose & Throat:** Deafness • Tinnitus • Vertigo • Ear infections • Ear pain • Sinus infections • Sinus headaches • Swollen glands • Deviated septum • Constant sinus congestion • Post-nasal drip • Dry or itchy throat • Streptococci throat infections • Sore throat

**Oral disease:** Bleeding gums • Periodontitis • TMJ syndrome • Stomatitis • Toothaches

**Skin:** Eczema • Psoriasis • Acne • Rashes • Itching • Dermatitis • Fungal infection

**Respiratory:** Asthma • Bronchitis • Emphysema • Chronic cough • Wheezing • Pneumonia

**Medication and Drug use:** Prolonged use of antibiotics, corticosteroids or prescription pain medication • Birth control pill • Cigarettes • Alcohol • Cocaine • Marijuana • Other drugs